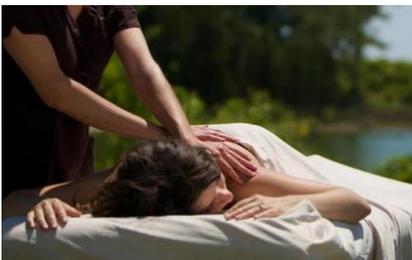




# 48 Hour Girls Getaway



### Calm Your Mind Spa Time

It's all about YOU! Want to take the stress down a notch? Treat yourself to a relaxing getaway at the Tides Inn Journey Spa. From Himalayan Hot Stone massages to the Tide and Thyme body polish, you'll feel rejuvenated and refreshed. Finish with lunch on the Chesapeake Terrace.

Tides Inn 804.438.4430

### Shop 'til You Drop

Shop the contemporary boutiques in one of the walkable charming towns. No chain stores here, just friendly merchants who can share the latest stylin' trends and make sure that accessorized outfit is complete from head to toe! One of our small towns-Kilmarnock, Irvington, White Stone, Lively, Saluda, Urbanna or Deltaville will have your heart's desire: jewelry, bags, home decor, shoes and clothes!



### Outdoor Fitness Fun

Get a great core workout without the bore. Kayaking or paddle board on quiet coves for the zen side of you or ride the ripple of the tide for the adventurer in you. Rent kayaks at Belle Isle State Park or paddleboards.

### Sail with Your Crew

Try your hand at "women's only" sailing lessons or a sunset cruise with your besties at Premier Sailing. Premier Sailing: 804.438.9300

### Wine Down

Nothing says "River Realm time" like a wine down Friday at Good Luck Cellars where wine meets brine with Byrd's Seafood at the vineyard. Sample wines and taste oyster tacos and other local seafood favorites. Or stop at Specials Wine Seller in Kilmarnock from 5-7PM for tastings. Saturday venture to the Dog & Oyster Vineyard where the tasting room "Sip" meets the oyster stand "Slurp." Meet the rescue dogs lounging amongst the grapes! Good Luck Cellars: (804.435.1416 Specials Wine Seller 804.436.9463 Dog & Oyster Vineyard 800.438.9463



[www.virginiariverrealm.com](http://www.virginiariverrealm.com)

*Surrounded by the inspiring beauty of the Chesapeake Bay, Virginia's River Realm invites you to catch your breath, calm your mind, and live your dreams.*

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## WHERE TO DINE



### Merroir Tasting Room

Small bites of favorites like Stuffin' Muffin or Angels on Horseback. On Locklies Creek.

[troysters.com/restaurants/Merroir](http://troysters.com/restaurants/Merroir)  
804.758.2871



### Tides Inn

Fine dining in the Chesapeake Room. The Terrace Lounge features seagrass wingback chairs, sofas and fire tables.

[tidesinn.com](http://tidesinn.com)  
804.438.8000



### Trick Dog

Speakeasy styled atmosphere at this bistro and bar. Be sure to pet the Trick Dog for luck.

[trickdogbarbistro.com](http://trickdogbarbistro.com)  
804.438.6363

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## WHERE TO STAY



### The Chesapeake Inn

13 beautiful suites in walkable Urbanna

[thechesapeakeinn.com](http://thechesapeakeinn.com)  
804.758.1111



### Tides Inn

4 Star experiences abound plus amazing sunsets on Carter's Creek.

[tidesinn.com](http://tidesinn.com)  
804.438.8000



### Hope and Glory Inn

Once an elite boarding school, now one of Southern Living's favs.

[hopeandglory.com](http://hopeandglory.com)  
804.438.6053

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## UPCOMING EVENTS

[www.virginiasriverrealm.com/events](http://www.virginiasriverrealm.com/events)



### Raise the Roof Craft Beer Fest • 07/14/18

12 craft beers to sample, BBQ & great music.

[Historicchristchurch1735.org](http://Historicchristchurch1735.org)



### Urbanna Wine & Oyster Stroll • 10/13/18

Just what the name says.

[urbanna.com](http://urbanna.com)



### Taste by the Bay • 11/17/18

Shopping, food & drink sampling-all on the beautiful grounds of the Tides Inn.

[lancasterva.com](http://lancasterva.com)